

## Compost Tea and the Soil Food Web

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# Our Philosophy

- Healthy soil encourages healthy plants
- Healthy plants care for themselves
- Limit external inputs
- Reduce water usage
- Garden with our climate not against it
- Encourage a natural ecosystem
- Build community through gardening



# The Soil Food Web



Carl was not a **bear**,

Carl was ...

or a **beaver**.

## Why Healthy Soil?



•2<sup>nd</sup> Largest Carbon Reservoir on the Planet. Holds 4x More Carbon than Trees and Plants. •In last 40 years, 1/3<sup>rd</sup> of World's Farmland has been Destroyed •40% of World's Soils are Classed as "Degraded" or "Seriously Degraded"



### Food Waste from Modern Agriculture

- 40% of all food in the US is wasted
- 365 Million lbs. per day
- 1/8 Americans lack access to food
- Major contributor to global climate emissions





## **Characteristics of Soil**

#### **Desert Soil**

- Low Populations of Micro-Organisms
- Low in Organic Matter
- Lacks Nutrients
- Compacted
- High Ph



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### Healthy Soil

- High Population of Micro-Organisms
- High in Organic Matter
- No Toxins/Pesticides
- Balanced Nutrients/Ph
- Porous
- Good Tilth/Structure

# The Soil Food Web



## Characteristics of Soil

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### <u>Healthy Soils</u>

- High Population of Micro-Organisms
- Low in Organic Matter
   High in Organic Matter
  - No Toxins/Pesticides
  - Balanced Nutrients/Ph
  - Porous/Permeable
  - Good Tilth/Structure

#### The Influence of Soil pH on Nutrient Availability



## **Characteristics of Soil**

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### Healthy Soils

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- No Toxins/Pesticides
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- Porous/Permeable
- Good Tilth/Texture



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## **Tilling Destroys Soil Tilth**



## How to Build Healthy Soils

- Eliminate Synthetic Pesticides/Fertilizers
- Encourage the Soil Food Web
- Use Compost and Compost Teas
- No Till or Low Till
- Use Supplements if Needed
- Grow Roots Not Plants



## Soil Food Web Gardening Rules:

1.Some plants prefer soils dominated by fungi; others prefer soils dominated by bacteria.

2. Most vegetables, annuals, and grasses prefer their nitrogen in nitrate form and do best in bacterially dominated soils.

3. Most trees, shrubs, and perennials prefer their nitrogen in ammonium form and do best in fungally dominated soils.

# The Soil Food Web



## Soil Food Web Gardening Rules:

4. Compost can be used to inoculate beneficial microbes and life into soils around your yard and introduce, maintain, or alter the soil food web in a particular area.

5. Adding compost and its soil food web to the surface of the soil will inoculate the soil with the same soil food web.

- Adds Soil Life
- Improves Tilth and Water Holding Capacity
- Balances Ph
- Eliminates Food Waste
- For New Gardens, Replace 50% of Native Soil with Compost.





#### Be A "Microbe" Manager

- Traditional Composting
- Worm Composting
- Fermentation Methods

#### **Traditional Composting**

- Bins, Heaps, Piles
- Hot or Cold
- Mixed Ratio of "Greens and Browns"
- Must be turned, and sifted
- Keep moist for best results





#### **Worm Bin Composting**

- Nutrient Dense Fertilizer
- Indoors or Outdoors
- Can be Very Efficient

#### **Fermentaion Composting**

- Bokashi
- KNF
- Takakura



## Soil Food Web Gardening Rules:

6. Aged, brown organic materials support fungi; fresh green organic materials support bacteria.

7. Mulch laid on the surface tends to support fungi; mulch worked into the soil tends to support bacteria.

8. If you wet and grind mulch thoroughly, it speeds up bacterial colonization.

9. Coarse, dryer mulches support fungal activity.

### Build the Soil – Mulch and Cover Crop



- Mulch, Mulch, Mulch
- Wood Chips for Trees and Shrubs
- Alfalfa Hay for
   Vegetable Gardens
- Avoid Straw
- Biologic not Geologic

### Soil Food Web Gardening Rules:

10. Sugars help bacteria multiply and grow; kelp, humic and fulvic acids, and phosphate rock dusts help fungi grow.

11. By choosing the compost you begin with and what nutrients you add to it, you can make teas that are heavily fungal, bacterially dominated or balanced.

12. Compost teas are very sensitive to chlorine and preservatives in the brewing water and ingredients.



#### Active Aerated Compost Teas (AACT)

- Soak Compost in water and use as soil amendment
- Adding Aeration and Sugars Increases effectiveness
  - Add Supplemental Ingredients to Boost Micro-Biology Diversity

### What AACT is Not:

- Compost Leachate
- Compost Extract
- Manure Tea
- Full of Bad Guys





### Modern Compost Tea

- Aerobic
- Safe
- Specialized

### The Brewer

- 5 Gallon Bucket
- 2 Outlet Air Pump (min)
- 1⁄4" Tubing (about 10')
- Air Stones or Soaker Hose
- Nylon Bag or Stocking



## Setting Up the Brewer



- Bleach Everything
- Dechlorinated Water
- Room Temperature
- Brew in Shade
- Spillage
- Clean up Immediately when Finished

### The Ingredients

- SFW Rule #10
- SFW Rule #11
- SFW Rule #12



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### Feed Bacteria

- Worm Castings
- •Simple Sugars: Molasses, Cane Syrup, Maple Syrup, Fruit Juices
- Complex Sugars
- Fish Emulsion

### Feed Fungi

- Kelp
- Fish Hydrolysate
- Fulvic and Humic Acids
- Rock Dusts
- Fruit Pulp
- Aloe Extract
- Yucca Extract



## Give Fungi a Head Start



Add Fungal Foods to Compost 1 Week Prior
Soybean Meal, Powdered Malt, Oatmeal, Oat Bran, Powdered Baby Oatmeal
Wet Compost and Store in Warm Dark Place

#### Teatime

- 12-48 Hour Brew
- Look for Bubbles
- Sweet Smell
- Add Mycorrhizal Fungi at the End of Brew
  Add Yucca Extract at End of Brew



## Use Compost Teas Effectively

#### Type of Plant

- Cabbage Family
- Other Vegetables
- Berries & Shrubs
- Deciduous Trees
- Coniferous Trees

#### Type of Tea

- Highly Bacterial
- Moderately Bacterial
- Balanced
- Moderately Fungal
- Highly Fungal

## Use as Foliar Spray



- Mildews
- Fungal Disease
- Leaf Spot
- Blight

### Soil Food Web Gardening Rules:

13. Applications of synthetic fertilizers kill off most or all of the soil food web microbes.

14. Stay away from additives that have high NPK numbers.

15. Follow any chemical spraying or soil drenching with an application of compost tea

## **REDUCE YOUR IMPACT**



- Eliminate pesticide use
- Substitute native landscapes for lawns and other high water use plants



### Soil Food Web Gardening Rules:

16. Most conifers and hardwood trees (birch, oak, beech, hickory) form micorrhizae with ectomycorrhizal fungi.

17. Most vegetables, annuals, grasses, shrubs, softwood trees, and perennials form mycorrhizae with endomycorrhizal fungi.

18. Rototilling and excessive soil disturbance destroy or severely damage the soil food web.

19. Always mix endomycorrhizal fungi with the seeds of annuals and vegetables at planting time or apply them to roots at transplanting.



### Soil Inoculants and Mycorrhiza





# The Soil Food Web



### RESOURCES

- Community Food Bank
- Tanks Green Stuff
- EcoGro
- Reading List
- Gardening Clubs
- Local Businesses
- Friends and Family







#### Thank you! <u>www.southwestvictorygardens.com/Documents</u> (520) 576-7085