

#### COMPOSTING WITH WORMS: VERMICOMPOSTING

## **Brandon Merchant**

- •Owner of Southwest Victory Gardens
- •Pima County Certified Master Gardener
- SmartScape Certified
- •Former President of Tucson Organic Gardeners





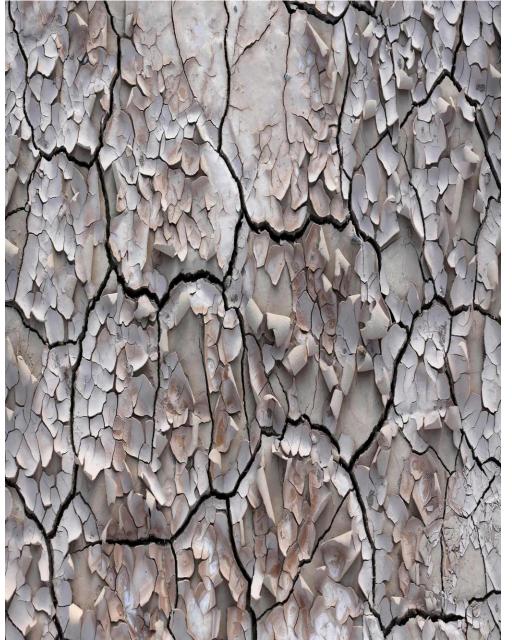
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# **Our Philosophy**

- Healthy soil encourages healthy plants
- Healthy plants require fewer pesticides and fertilizers (inputs)
  Garden with our climate not against it
- Reduce water usage
- Limit external inputs
- •Encourage a natural ecosystem



# Why Healthy Soil?



•2<sup>nd</sup> Largest Carbon Reservoir
on the Planet.
•Holds 4x More Carbon than
Trees and Plants.
•In last 40 years, 1/3<sup>rd</sup> of
World's Farm Land has been

Destroyed

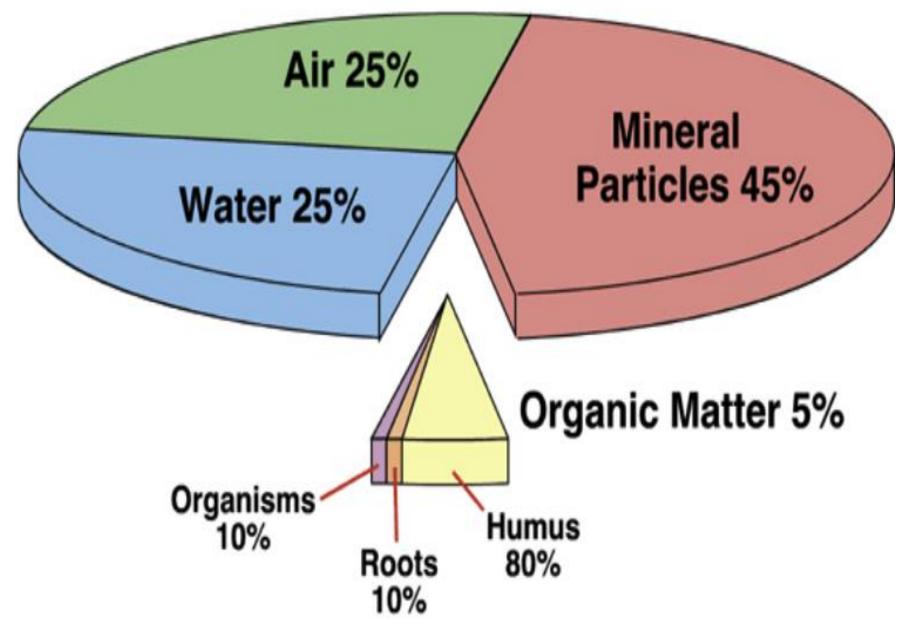
•40% of World's Soils are

Classed as "Degraded" or

"Seriously Degraded"



## What is Soil?



# **Characteristics of Soil**

#### **Desert Soil**

- Low Populations of Micro-Organisms
- Low in Organic Matter
- Lacks Nutrients
- Compacted
- High Ph

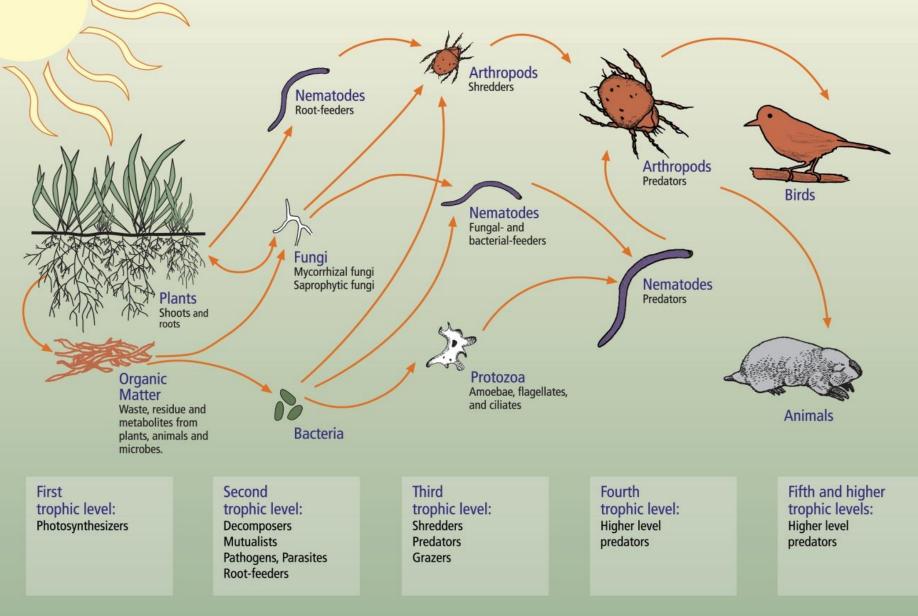


Sustainable Agriculture Research & Education

## Healthy Soil

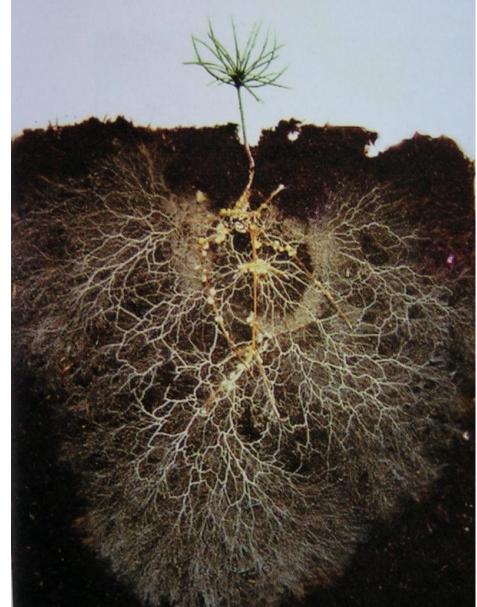
- High Population of Micro-Organisms
- High in Organic Matter
- No Toxins/Pesticides
- Balanced Nutrients/Ph
- Porous
- Good Tilth/Structure

# The Soil Food Web

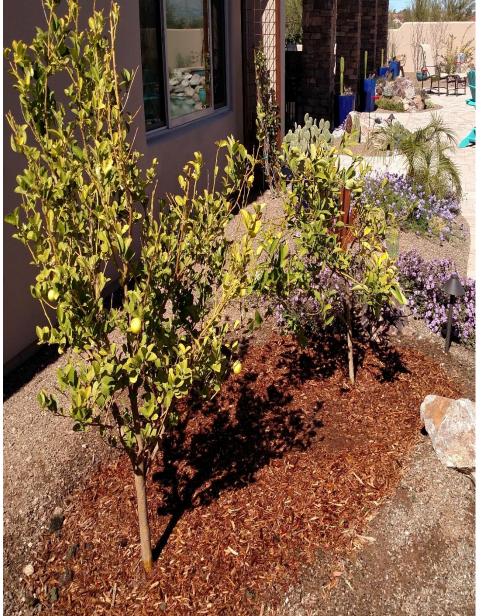


## How to Build Healthy Soils

- Eliminate Synthetic Pesticides/Fertilizers
- Encourage the Soil Food Web
- Use Compost and Compost Teas
- No Till or Low Till
- Use Supplements if Needed
- Grow Roots Not Plants



## Build the Soil – Mulch and Cover Crop



- Mulch, Mulch, Mulch
- Wood Chips for Trees and Shrubs
- Alfalfa Hay for
   Vegetable Gardens
- Avoid Straw
- Biologic not Geologic

- Adds Soil Life
- Improves Tilth and Water Holding Capacity
- Balances Ph
- Eliminates Food Waste
- For New Gardens, Replace 50% of Native Soil with Compost.





#### Be A "Microbe" Manager

- Traditional Composting
- Worm Composting
- Fermentation Methods

#### **Traditional Composting**

- Bins, Heaps, Piles
- Hot or Cold
- Mixed Ratio of "Greens and Browns"
- Must be turned, and sifted
- Keep moist for best results



#### **Fermentaion Composting**

- Bokashi
- KNF
- Takakura

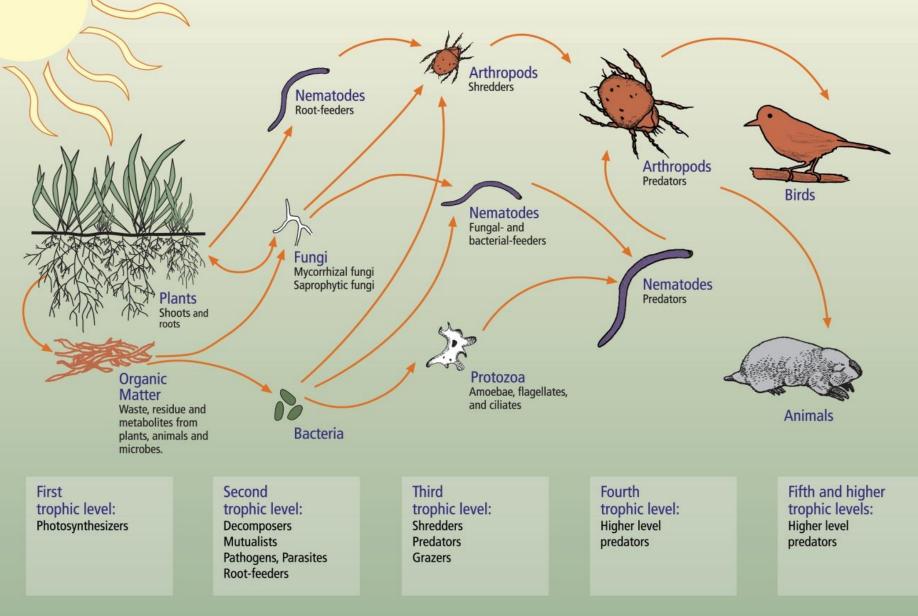




#### **Worm Bin Composting**

- Nutrient Dense Fertilizer
- Indoors or Outdoors
- Can be Very Efficient

# The Soil Food Web



## Worm Bin Location

- 55°-85°
- Always Shaded
- Indoors Ok



## Build or Buy?



- Different Styles
- Most Work OK
- Can be Basic or Fancy

## **Bedding Materials**

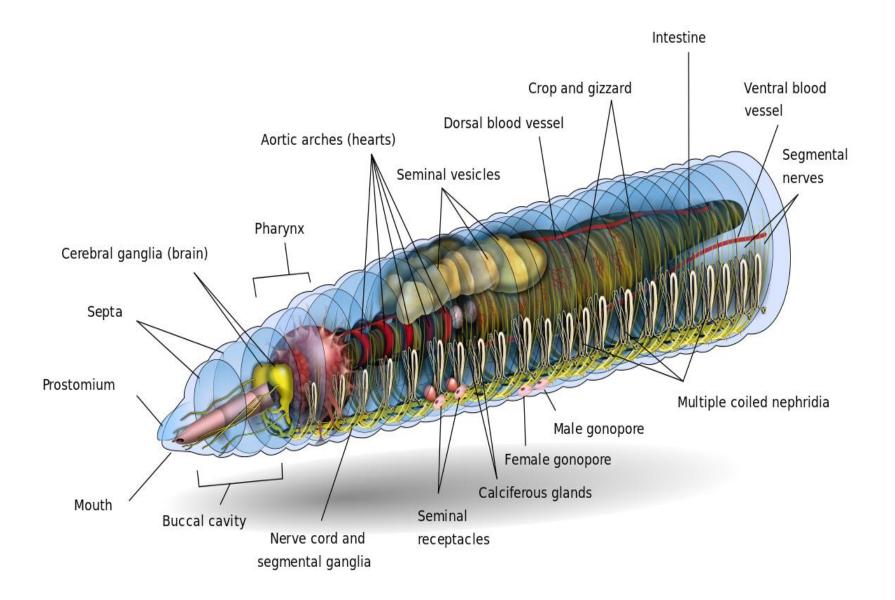
- 50/50 Aged Manure Compost
- Shredded Paper
- Coco Coir

## Choosing the Right Worms



- Eisenia fetida
- Red Wigglers
- Buy Online

## Worm Anatomy



## Setting up Worm Bin



- Weigh Food
- 1/4 1/3 Moist Bedding
- Add Worms
- Feed

## Feeding Worms

- Feed on as needed basis
- <sup>1</sup>/<sub>2</sub> body weight a day
- Blend food whenever possible
- Avoid processed foods
- Feed on top don't mix in



## **Care and Maintenance**



- Keep Moist
- Keep Cool
- Other Critters
- Molds and Fungus

## Harvesting Castings

- Many Harvesting Methods
- Sift or Don't
- Won't look like store bought





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## RESOURCES



- •EcoGro
- Reading List
- •Gardening Clubs
- Local Businesses
- •Friends and Family







# THANK YOU! (520) 576-7085